



PATIENT'S NAME: _____

Last

First

Middle Initial

Select: Y FOR YES N FOR NO

Have you or any immediate family member ever been told to have:	Self		Family	
Cancer?	Y	N	Y	N
Diabetes?	Y	N	Y	N
High Blood Pressure?	Y	N	Y	N
Heart Disease?	Y	N	Y	N
Angina / Chest Pain?	Y	N	Y	N
Stroke?	Y	N	Y	N
Osteoporosis?	Y	N	Y	N
Rheumatoid Arthritis?	Y	N	Y	N

In the past 3 months, have you had or do you experience:

	Self	
A change in YOUR Health?	Y	N
Nausea / Vomiting?	Y	N
Fever / Chills / Sweats?	Y	N
Unexplained weight loss?	Y	N
Numbness or tingling?	Y	N
Changes in appetite?	Y	N
Difficulty swallowing?	Y	N
Changes in bowel / bladder Functions?	Y	N
Shortness of breath?	Y	N
Dizziness?	Y	N
Upper respiratory infection?	Y	N
Urinary tract infections?	Y	N

I currently have difficulty-check all that apply

Driving Getting up from a chair
 Walking Bending at the waist
 Standing Lifting

If you are accustomed to regular exercise, check the ones that are giving you difficulty now?

Playing sports
 Running
 Calisthenics

Select: Y FOR YES N FOR NO

Do you have a history of:	Self		Family	
Allergies / Asthma?	Y	N	Y	N
Headaches?	Y	N	Y	N
Bronchitis?	Y	N	Y	N
Kidney Disease?	Y	N	Y	N
Rheumatic Fever?	Y	N	Y	N
Ulcers?	Y	N	Y	N
STD?	Y	N	Y	N
Seizures?	Y	N	Y	N

Are your symptoms getting? (check one)
 Worse The Same Improving

Are you able to sleep at night? (check one)
 Fine Moderate difficulty
 Only with Medication

Do you have a problem with:
 Hearing Speech
 Vision Communication

How do you learn best?
 Seeing Doing Hearing

Do you / have you in the past smoked tobacco?
 Yes (_____/week x _____ years)
 No Last tobacco Use: _____

Do you drink alcoholic beverages?
 Yes (_____/week) No

Date of Last Physical? _____

Medications Currently Using: (or attach list) _____

List any surgeries you have had: _____

ARE YOU ALLERGIC TO ANY MEDICATIONS? NO YES

IF YES, WHAT MEDICATION(S)? _____

Prepared By: _____

Date: _____

Relationship To Patient, If not Self: _____